

# LABURNUM

PRIMARY SCHOOL & NURSERY



**CHALLENGE** ● **ACHIEVE** ● **RESPECT** ● **EFFORT** ● **SAFE** 

#### MESSAGES, FEEDBACK AND REFLECTIONS FROM THE HEAD

It has been another positive week in school, although as I told the children earlier in the week, windy weather always leads to more excited children (and cats apparently!) - there is some science behind this, but I won't go into that in the newsletter. The children in early years made the most of this and made their own streamers to help them explore the exciting force of the wind! As I also told the children in Key Stage 2 as they lined up after lunch, even on windy days we then expect all children to switch back into a learning mind-set once they are back inside the school building. I am pleased to report that all children did and the corridors were almost as calm as usual on the windy days. I have been reminding the children this term of the importance of calm transitions around school – either when whole classes move or when individuals are moving from one room to another – as this ensures children working in school are not disturbed by those who are moving. We have also talked in assembly about what CARES (Challenge, Achieve, Respect, Effort, Safe) looks like in different places in school i.e. not just in class, but in the dining hall, playground, computer room etc. The children of course came up with some fantastic examples as they know our expectations well. However, we also thought of some other times when we could focus on remembering to show our core expectations such as remembering to say please and thank you when collecting school dinners in the dining hall. When I give out the CARES certificate in assembly each week I always reference the core expectations and talk to the children about how impressed I am that most children meet these expectations all of the time. It is often a genuinely hard choice to decide which class will receive the cares award and therefore we look for the 'above and beyond' behaviours, children going the extra mile to help, support and encourage others. We look for the class that has set the best example and shown the highest levels of respect.

Growing up to be safe and respectful is as important as the effort and challenge in learning that leads to achievement – something we know you as parents will also value highly. Education is a partnership between home and school, so we are thankful that we have parents that support us as a school and reinforce these core expectations with their children.

#### **READ ALL ABOUT IT!**

All learning in school is important, but there is no skill in school that your child will learn that is more important than reading. It is why we put so much time and emphasis on it in our curriculum. We also know that with reading, practice always means progress – it is why it is emphasised so highly in our homework expectations. In school we teach children to read and there are many opportunities for practice, but it is essential that all children also practice reading at home. If you read regularly with your child, you will know how much progress happens when you read every day. Mrs Dawes has put some research based top tips on Class Dojo today to help parents as this is something we are also often asked about – I hope that you find them useful in supporting your child to make great progress with this essential skill.

#### MacMILLAN COFFEE MORNING

On Friday the 29th September the FLS will be holding a coffee and cake morning to raise money for Macmillan cancer research. We would like to invite you and your friends to join us between 9am and 10:30am for a hot drink and social get together.



We would love donations of cakes to help us with our event, and appreciate any we may receive and would ask they be delivered into school on Thursday 28th September please.

Cash donations for drinks and cakes welcomed.









## AWARDS AND CELEBRATIONS WEEK ENDING 22<sup>nd</sup> SEPTEMBER 2023

## **ATTENDANCE TARGET 97%**

#### **Beech** 97.2% 1 late mark 98.7% 1 late mark Elm Cedar 97.5% 3 late marks Chestnut 97.8% 0 late marks Willow 94.4% 1 late mark **Sycamore** 97.3% 1 late mark Oak 95.3% 2 late marks

## THE GOLDEN MILE



This week the **Golden Mile** trophies were awarded to:

Elm

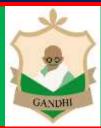
Oak

# HOUSE POINTS THIS WEEK



PANKHURST





**331** 

**272** 

321

328

# WEEKLY CLASS C.A.R.E.S AWARD CERTIFICATES

**CHALLENGE · ACHIEVE · RESPECT · EFFORT · SAFE** 

BEECH	ELM	CEDAR
C - Archie A - Nicole R - Harper E - Alba S - Zachary CARES - Martha	C - Nathan A - Johnhenry R - Imogen E - Michael S - Makena CARES - Lawson	C - Lewis A - Jack R - Everly E - Roman S - Freddie CARES - Flora
WILLOW	SYCAMORE	OAK
C - Jerry A - Lincoln R - Willow E - James S - Paula	C - Lilly V A - Noah R - Jack E - Roman S - Penelope	C - Wendy A - Colby R - Logan E - Sonny S - Erin
	C - Archie A - Nicole R - Harper E - Alba S - Zachary CARES - Martha  WILLOW  C - Jerry A - Lincoln R - Willow E - James	C - Archie A - Nicole R - Harper E - Alba S - Zachary CARES - Martha  C - Nathan A - Johnhenry R - Imogen E - Michael S - Makena CARES - Lawson  CARES - Lawson  C - Jerry A - Lincoln R - Willow E - James  C - Nathan A - Johnhenry R - Imogen E - Michael S - Makena CARES - Lawson  C - Lilly V A - Noah R - Jack E - Roman







## WHOLE SCHOOL CARES AWARD





-			
<u>September</u>			
Thursday 28 <sup>th</sup>		School Harvest Assembly & The Need Project food collection	
Friday 29 <sup>th</sup>	8:45	FLS MacMillan Coffee Morning – Dining Hall	
<u>October</u>			
1 <sup>st</sup> – Mon 31 <sup>st</sup>		Black History Month	
Mon 2 <sup>nd</sup> – Thursday 5 <sup>th</sup>		Y5/6 Bikability Level 1&2 Combined	
Tuesday 3 <sup>rd</sup>		Pupil Individual and Family Photographs	
Monday 9 <sup>th</sup>	9-10:00am	Apple (N) Class Parent Session Drop-in Chestnut (Y3) Class Parent Lesson Drop-in	Apple Classroom Chestnut Classroom
Tuesday 10 <sup>th</sup>	9-10:00am	Elm (Y1) Class Parent Lesson Drop-in Oak (Y6) Class Parent Lesson Drop-in	Elm Classroom Oak Classroom
Wednesday 11 <sup>th</sup>	9-10:00am	Willow (Y4) Class Parent Lesson Drop-in Beech (YR) Class Parent Lesson Drop-in	Willow Classroom Beech Classroom
Thursday 12 <sup>th</sup>	9-10:00am	Sycamore (Y5) Class Parent Lesson Drop-in	Sycamore Classroom
Thursday 12 <sup>th</sup>	9.05am- 3.15pm	Chestnut (Y3) visit to Flag Fen	
Friday 13 <sup>th</sup>	9-10:00am	Cedar (Y2) Class Parent Lesson Drop-in	Cedar Classroom
Monday 16 <sup>th</sup>	3-3:30pm	Year 1-6 Pupil books available for Parents/Children to view together (books also available for in-school Parent/Teacher Meetings)	Classrooms
Tuesday 17 <sup>th</sup>		Parent/Teacher Meetings	Virtual and in-school
Wednesday 18 <sup>th</sup>		Parent/Teacher Meetings	appointments available









Mode and a 10th		VC Visit to Combridge Museum of Zeelegy 0	
Wednesday 18 <sup>th</sup>		Y6 Visit to Cambridge Museum of Zoology & Fitzwilliam Museum	
Friday 20 <sup>th</sup>		School Closes for Half Term Break	
Monday 30 <sup>th</sup>		School Opens for Autumn 2	
<u>November</u>			
Monday 6 <sup>th</sup>		Reverse Advent Calendar Begins	
Friday 10 <sup>th</sup>		Pupil Flu Immunisations Reception – Year 6	
Mon 13 <sup>th</sup> – Fri 17 <sup>th</sup>		Anti-Bullying Week	
Friday 17 <sup>th</sup>	All Day	Children in Need 2022	
Tuesday 21 <sup>st</sup>	10:00-	Nursery 'stay and play' session (January	Apple Classroom
	11:00am	admission children/parents by invite)	
Thursday 23 <sup>rd</sup>	1:30-	Nursery 'stay and play' session (January	Apple Classroom
ŕ	2:30pm	admission children/parents by invite)	• •
December		· · · · ·	
Wednesday 13 <sup>th</sup>	9:30am	Reception Christmas Production	School Hall
, ==	2:30pm	Reception Christmas Production	School Hall
Friday 15 <sup>th</sup>	12.00pm	Y1 & Y2 Pantomime , Milton Keynes Theatre	
Monday 18 <sup>th</sup>	4:00pm	Whole School Carols on the Playground	Playground
Tuesday 19 <sup>th</sup>	•	School Closes for Christmas Break	, 6
January			
Thursday 4 <sup>th</sup>		School Opens for Spring Term: Reception-Y6 Pup	oils return to school
Thaisaay T		Nursery 1:1 New Parent & Child Meetings	
Friday 6 <sup>th</sup>		Nursery Pupils return to school	
Friday 19 <sup>th</sup>	All Day	Y6 Young Voices	The O2 Arena, London
February	- ,		
Friday 9 <sup>th</sup>	All day	CHUMS Shine Bright, Wear Bright	
Monday 5 <sup>th</sup>	9-10:30am	Oak (Y6) Class Parent Lesson Drop-in	Oak Classroom
Tuesday 6 <sup>th</sup>	9-10:30am	Cedar (Y2) Class Parent Lesson Drop-in	Cedar Classroom
racsaay o	3 10.30am	Sycamore (Y5) Class Parent Lesson Drop-in	Sycamore Classroom
Wednesday 7 <sup>th</sup>	9-10:30am	Elm (Y1) Class Parent Lesson Drop-in	Elm Classroom
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	2 20.000	Chestnut (Y3) Class Parent Lesson Drop-in	Chestnut Classroom
Thursday 8 <sup>th</sup>	9-10:30am	Apple (N) Class Parent Session Drop-in	Apple Classroom
, .		Beech (YR) Class Parent Lesson Drop-in	Beech Classroom
Friday 9 <sup>th</sup>	9-10:30am	Willow (Y4) Class Parent Lesson Drop-in	Willow Classroom
Monday 12 <sup>th</sup>	3:00-	Pupil books available for Parents/Children to	Classrooms
·	3:30pm	view together (books also available for in-	
		school Parent/Teacher Meetings)	
Tuesday 13 <sup>th</sup>		Parent/Teacher Meetings	Virtual and in-school
Thursday 15 <sup>th</sup>		Parent/Teacher Meetings	appointments available
Friday 16 <sup>th</sup>		School closes for half term break	
Monday 26 <sup>th</sup>		School opens for Spring 2	
<u>March</u>			
Thursday 7 <sup>th</sup>		World Book Day	
Tuesday 12 <sup>th</sup>	10:00-	Nursery 'stay and play' session (April admission	Apple Classroom
,	11:00am	children/parents by invite)	







Thursday 14 <sup>th</sup>	1:30- 2:30pm	Nursery 'stay and play' session (April admission Apple Classroom children/parents by invite)	
Friday 15 <sup>th</sup>		Red Nose Day	
Thursday 28 <sup>th</sup>		School closes for Easter Break	
April			
Tuesday 16 <sup>th</sup>		School Opens for Summer Term: Reception-Y6 Pupils return to school	
, ==		Nursery 1:1 New Parent & Child Meetings	
Wednesday 17 <sup>th</sup>		Nursery Pupils return to school	
May		<u> </u>	
Monday 6 <sup>th</sup>		May Day Bank Holiday: School Closed	
Mon 13 <sup>th</sup> -Thurs 16 <sup>th</sup>		Year 6 Statutory Assessments (SATs)	
Mon 20 <sup>th</sup>		SCARF Life Education Visit to Laburnum	
Friday 24 <sup>th</sup>		School closes for half term break	
<u>June</u>			
Monday 3 <sup>rd</sup>		School opens for Summer 2	
Wednesday 5 <sup>th</sup>		Yr 5/6 Faith Tour, Queens Park, Bedford	
Mon 3 <sup>rd</sup> – Fri 14 <sup>th</sup>		Year 4 Multiplication Check window	
Mon 10 <sup>th</sup> – Fri 14 <sup>th</sup>		Year 1 Phonics Screening Check week	
Tuesday 25 <sup>th</sup>	10:00-	Nursery 'stay and play' session (September Apple Classroom	
	11:00am	admission children/parents by invite)	ļ
Thursday 27 <sup>th</sup>	1:30-	Nursery 'stay and play' session (September Apple Classroom	
	2:30pm	admission children/parents by invite)	
<u>July</u>			
Friday 12 <sup>th</sup>		Annual Pupil Reports to Parents	
Monday 15 <sup>th</sup>		School Sports Day (Times to be confirmed)	
Weds 17 <sup>th</sup> - Thurs 18 <sup>th</sup>		Class Transition Days (Children in new classes)	
Friday 19 <sup>th</sup>	2:20pm	Year 6 Leavers Assembly	
		School closes for summer break	















## PREMIER CAMPS NEAR YOU...

VENUE: Laburnum Primary School, SG19 1HQ DATES: Monday 23rd - Thursday 26th October

AGES: 5 - 12

TIMES 8:00am - 4:00pm

COST: £30.76 £24.61 a day

ADDITIONAL INFO: 20% New Venue discount is applied to the course already, no code required when booking online.

Our holiday camps are designed to help your kids get active, introduce them to a new and exciting activities and create a fun-filled experience. A bucket load of fun activities every school holiday.

With great value sports, performing arts and games to enjoy each half term, we have plenty for your children to get stuck into.

Book now for a school holiday full of fun! Contact us:

office-11@premier-education.com

TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

\*Ts&Cs apply. Refer a Friend discount on new bookings only.

## PLEASE BRING

- A packed lunch
- Suitable clothing

















# EARLY SPEECH AND LANGUAGE SUPPORT

#### EARLY ADVICE SESSIONS

IF YOU'RE NOT ALREADY KNOWN TO THE SERVICE AND YOU WOULD LIKE AN INFORMAL DISCUSSION ABOUT YOUR CHILD'S SPEECH AND LANGUAGE DEVELOPMENT, YOU CAN REQUEST A 15 MINUTE ADVICE SESSION VIA TELEPHONE CALL. PLEASE FOLLOW THE OR CODE FOR MORE DETAILS AND CRITERIA:



#### HELP YOUR CHILDS UNCLEAR SPEECH

A WORKSHOP FOR PARENTS WHO ARE CONCERNED ABOUT THEIR CHILD'S PRONUNCIATION OF SPEECH SOUNDS. DATES AND TIMES ARE AVAILBLE ON OUR WEBSITE, PLEASE FOLLOW THE QR CODE FOR MORE DETAILS AND CRITERIA:



### CHATTERTOTS

A SET OF WORKSHOPS TO SUPPORT PARENTS/CARERSTO HELP THEIR CHILD'S EARLY LANGUAGE SKILLS. SUITABLE FOR PARENTS/CARERS OF CHILDREN AGED 18MONTHS-3 YEARS OF AGE. PLEASE FOLLOW THE QRCODE FOR MORE DETAILS AND CRITERIA:







HTTPS://WWW.CHILDSPEECHBEDFORDSHIRE.NHS.UK







# **Need Support for** Domestic Abuse?

## Mental Health & Emotional Support/Advice

Adult Community Mental Health Team

01234 880433

www.elft.nhs.uk/services/bedford-adult-recovery-cmht.

Central Bedfordshire Council Adult Safeguarding Team

0300 300 8303 (in office hours) and 0300 300 8123 (out of hours)

#### Mental Health Crisis Cafes

In Central Bedfordshire, Bedford, Luton and Milton Keynes Go to www.elft.nhs.uk/services and search 'Crisis Cafe

#### Bedfordshire Talking Therapies Service

Also provide counselling to victim/survivors of domestic abuse

#### Stay Alive app

Download from the App Store on your mobile device

0300 1233 393 or www.mind.oro.uk

Text 'SHOUT' to 85258 to start a conversation with a trained volunteer

## Housing and Home Safety Advice

Central Bedfordshire Council Housing

0300 300 8302

#### Central Bedfordshire Council Housing

Go to www.centralbedfordshire.gov.uk, and search "Homeless due to

#### The Bobby Scheme

Email your contact details, address and security requirements to BobbyScheme@beds.police.uk

#### Bedfordshire Fire and Rescue Service

Can support with Home Fire Safety Visits Email HomeFireSafetyVisit@bedsfire.gov.uk

### Domestic Abuse Resettlement Team (DART)

Offer support with relocation and administer the Flexi Fund 01234 264 109

## Other Support

#### Bedfordshire Domestic Abuse Partnership (BDAP)

www.bodsdv.org.uk

The website has information on BDAP Support Hubs and a 'Cet Help' page which lists information on a range of local and national services

#### Victim Support - 01582 488 777

(Matter programme, www.victimsupport.org.isk and search (Matter

#### The Rebuild Programme

www.centralbedfordshire.gov.uk.and search 'Rebuild Programme'

#### Home-Start Central Bedfordshire - 01582 660 061

Fun Pattern Changing and Own My Life programmes

Bedfordshire Victim Care Services - 0800 0282 887

### Independent Sexual Violence Advisor (ISVA)

0300 002 0004 or onvs@ecobedford.org

#### Emerald Centre Sexual Assault Referral Centre (SARC)

01234 842750 or admin emeral decentre Wides net

#### Legal Advice

#### The DA Alliance 0800 101 7110

They also offer the WEPROTECT app which can be downloaded from the App Store on your mobile device

#### Rights of Women

www.rightsofwomen.org.uk Telephone number varies depending on type of legal advice sought

## Concerned About Your Own

### lespect Phoneline

#### Cost of Living Advice Central Bedfordshire Council

www.centralbedfordshire.gov.uk and search 'Cost of Living'

#### Surviving Economic Abuse Advice Page

survivingeconomicabuse org/i-needhelg





@bedsdv www.bedsdv.org.u

Take care: always scan QR cod private browsing mode

#### Domestic Abuse Support

**Bedfordshire Domestic Abuse Partnership** 

National Domestic Abuse Helpline (for women)

0808 2000 247

#### Respect Men's Advice Line 0808 8010327

Galop (for the LGBTQ+ community) 0800 999 5428

#### Domestic Abuse Resettlement Team (DART)

Offer support with relocation and administer the 01234 264 109

The team covers Bedfordshire, Carr

**Community Independent Domestic Violence** Advisor (IDVA)

centralbeds.IDVA@victimsupport.org.uk

### **Drug and Alcohol Support**

#### Path 2 Recovery

0333 332 4019

www.changevourtomorrow.co.uk/Pareas/elft/pages

They also offer a Friends and Family Service

#### Alcoholics Anonymous

0800 9177 650

www.alcoholics-anonymous.orp.uk

#### **Narcotics Anonymous**

0300 999 1212

ukna.org

### Children and Young People

0345 609 9960

embraceryon.org.uk

Sorted Counselling - FORTIS Project 01582 674442

Text reflect to 85258 for 24/7 text support service for young people (aged 11-25).

#### Central Bedfordshire Council Children's Safeguarding

0300 300 8585 (in office hours) and 0300 300 8123 (out of hours)

## Online Safety

Chayn Refuge

www.chayn.co/safety www.refugetechsafety.org

www.womensaid.org.uk and search 'Cover Your

#### Economic

The Financial Support Line for Victims of Domestic Abuse

www.monevadviceplus.org.uk/fsl

Surviving Economic Abuse urvivingeconomicabuse.org



#### Safety and Info Apps

Download from the App Store o

### Dogs Trust Freedom Project

0800 298 9199

www.dogstrust.org.uk and search 'Freedom Project'

#### Cats Protection Paws Protect

0345 2601 280

www.cats.org.uk and search 'Pa



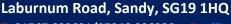














# **Emotional Wellbeing** Workshops

Early Help - Central Bedfordshire Council September - December 2023

Workshop	Date	Link to Book
Building Self- Esteem and Self- Confidence	Tuesday 19th September 10:30am	https://www.eventbrite .co.uk/e/7031782239 97?aff=oddtdtcreator
Supporting Emotional Regulation	Wednesday 25th October 6:00pm	https://www.eventbrite .co.uk/e/7032649132 87?aff=oddtdtcreator
Managing Anxiety	Thursday 12th October 10:30am	https://www.eventbrite .co.uk/e/7032664478 77?aff=oddtdtcreator
Emotionally Based School Avoidance	Thursday 9th November 10:30am	https://www.eventbrite .co.uk/e/7032695872 67?aff=oddtdtcreator
Managing Transitions	Wednesday 6th December 6:00pm	https://www.eventbrite .co.uk/e/7032972800 97?aff=oddtdtcreator

All workshops are delivered virtually via MS Teams and are aimed at parents/carers of children or young people in Central Bedfordshire. Workshops will run each term.









Looking after children can be tough, and we all need a little support at times.

Our FREE Parenting Puzzle course is for parents and carers of children aged 2-5 years. It will help you understand different types of behaviour and explore different parenting styles, helping to build positive relationships with your children.

We run four-week and ten-week courses from six of our children's centres, and the ten-week course has a creche provision available.

Take part in our next course:

Wednesday 20th September 2023, 9.30am - 11.30am Arlesey Youth Centre, High Street, Arlesey, SG15 6SN - call 0300 300 8112 or Claire moncrieffe3@centralbedfordshire gov.uk to book your place.

A full list of courses running in Central Bedfordshire, and more information about the programme is available at: www.centralbedfordshire.gov.uk/parenting-puzzle















# **Managing Healthy** Relationships





Free workshop for parents



Find your local



This two-part workshop will help parents and carers identify how arguments start within relationships, what can make arguments escalate and the impact this can have on children.

The programme will also explore healthy ways to manage disagreements and how couples can communicate effectively in their relationship.

This workshop is funded by the Reducing Parental Conflict agenda across Central Bedfordshire and Luton.

## The workshop will:

- Help to identify how disagreements start
- Help to identify how disagreements impact ourselves and our children.
- Help to identify helpful and harmful behaviours during arguments
- Provide valuable resources to take home

To join a programme, contact your local Children Centre for times and dates.

A great place to live and work.









Come and get your blood pressure, BMI, cholesterol\* and blood glucose\* checked out Just 15 minutes of your time could be time well spent to help you spot early warning signs, reduce your risks and keep you fit and healthy. Over 18s only.

\*these tests need to be booked ahead

Thursday 5 October 9.30am - 5pm Chamomile Gardens Cardamom Street Biggleswade **Bedfordshire** SG18 8YZ

For more information email healthandwellbeing@guhg.co.uk















Come and get your blood pressure and BMI checked out. Just 15 minutes of your time could be time well spent to help you spot early warning signs, reduce your risks, and keep you fit and healthy. Over 18s only.

Tuesday 10 October 9.30am - 5pm

Ellenshaw Court Hinksley Road Flitwick Bedfordshire MK45 1HL

Takes just 15 minutes

For more information email healthandwellbeing@guhg.co.uk

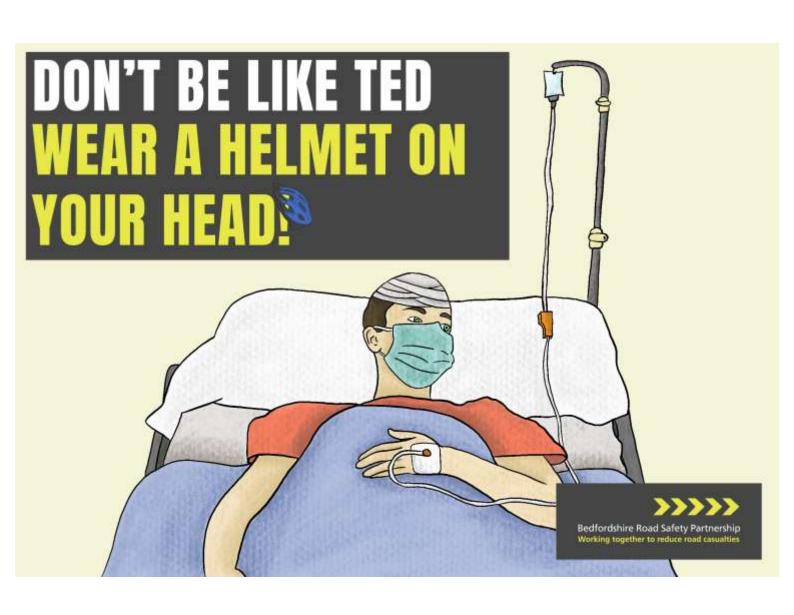


















# **Facebook Live Classes**

Free exercise sessions delivered remotely via Facebook Live. The following sessions will take place on a weekly basis.

This schedule will change every 10 weeks where we will bring you a change of activities and instructors.

Bedfordshire

These classes will start from week commencing 11th September 2023

Thursday @ 12pm (45minute class) With Shane HIIT class

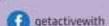
All levels as options will be given for exercises during the session.

Friday @ 8.15am (20 minute class) with Trudy Low impact workout Wake up and shine low impact workout











@letstalkcentral









# SEND Dance Classes





Fun and inclusive classes for those with suspected or diagnosed additional needs

## Imagine & Move | 4.30 - 5pm

Sensory movement class for those aged 3+

Aimed at those who need support from a parent/carer to participate £4.50 per session invoiced termly



## Magic Movers | 5 - 5.45pm

Creative dance class for those aged 7+

For those who can follow instruction and participate independently £6.50 per session invoiced termly



"It's lovely to watch my daughter expressing herself freely without judgement!"

Limited spaces! Book now: info.imaginationarts@yahoo.com 07394 934911

Tuesdays during term time at Flitwick Leisure Centre







