

LABURNUM PRIMARY SCHOOL & NURSERY

NEWS

CHALLENGE • ACHIEVE • RESPECT • EFFORT

<u>Values</u> Education

Our value for DECEMBER is: **PATIENCE**













HOUSE POINTS THIS WEEK



189



193



214



216

ATTENDANCE

Beech	97.3%	3 late marks
Elm	89.6%	7 late marks
Cedar	91.1%	0 late marks
Chestnut	84.1%	2 late marks
Willow	86.6%	1 late mark
Sycamore	92%	5 late marks
Oak	84.8%	9 late marks

VALUES CHAMPIONS

Apple:	Annabelle
Beech:	Whole Class
Elm:	Jack
Cedar:	All who took part in the SumDog Contest
Chestnut:	Dylan
Willow:	Sophia
Sycamore:	Anna-Rose
Oak:	Joe

ENDANCE TARGET: 97%





This week the **Golden Mile** trophies were awarded to:

No Golden Mile due to ice!



C.A.R.E AWARD

CONGRATULATIONS!

All of the Adults and Children at Laburnum

CONGRATULATIONS!











		KEY DATES	
January			
Wednesday 4 th		School Opens for Spring Term: Reception-Y6 Po Nursery 1:1 New Parent & Child Meetings	upils return to school
Thursday 5 th		Nursery Pupils return to school	
Monday 16 th	All Day	Y6 Young Voices	The O2 Arena, London
Tuesday 24 th	9:00am	Y2 Cedar Class Assembly for Parents	School Hall
Monday 30 th	9-10:30am	Apple (N) Class Parent Session Drop-in Oak (Y6) Class Parent Lesson Drop-in	Apple Classroom Oak Classroom
Tuesday 31 st	9-10:30am	Cedar (Y2) Class Parent Lesson Drop-in Sycamore (Y5) Class Parent Lesson Drop-in	Cedar Classroom Sycamore Classroom
February			
Wednesday 1 st	9-10:30am	Elm (Y1) Class Parent Lesson Drop-in Chestnut (Y3) Class Parent Lesson Drop-in	Elm Classroom Chestnut Classroom
Thursday 2 nd	9-10:30am	Apple (N) Class Parent Session Drop-in Beech (YR) Class Parent Lesson Drop-in	Apple Classroom Beech Classroom
Friday 3 rd	9-10:30am	Willow (Y4) Class Parent Lesson Drop-in	Willow Classroom
Tuesday 7 th	2:30- 3:15pm	Pupil books available for Parents/Children to view together (books also available for inschool Parent/Teacher Meetings)	Classrooms
Wednesday 8 th		Parent/Teacher Meetings	Virtual and in-school
Thursday 9 th		Parent/Teacher Meetings	appointments available
Friday 10 th	All day	CHUMS Shine Bright, Wear Bright School closes for half term break	
Monday 20 th		School opens for Spring 2	
Mon 27 th – Weds 1 st March		Y4 at Grafham Water Centre	
Tuesday 28 th	9:00am	Y5 Sycamore Class Assembly for Parents	School Hall
<u>March</u>			
Wednesday 1st		Y4 Residential Visit	Graham Water Centre
Thursday 2 nd		World Book Day	
Tuesday 7 th	10:00- 11:00am	Nursery 'stay and play' session (April admission children/parents by invite)	Apple Classroom
Tuesday 7 th	9.05am- 3.00pm	Y5 Visit to West Stow Anglo-Saxon Village	West Stow, Suffolk
Thursday 9 th	1:30- 2:30pm	Nursery 'stay and play' session (April admission children/parents by invite)	Apple Classroom
Friday 17 th		Red Nose Day	
Tuesday 21 st	9:00am	Y3 Chestnut Class Assembly for Parents	School Hall
Friday 31 st		School closes for Easter Break	
<u>April</u>			
Tuesday 18 th		School Opens for Summer Term: Reception-Y6 Nursery 1:1 New Parent & Child Meetings	Pupils return to school
Wednesday 19 th		Nursery Pupils return to school	
Tuesday 25 th	9:00am	Y1 Elm Class Assembly for Parents	School Hall
<u>May</u>			









Monday 1 st		May Day Bank Holiday: School Closed	
Throughout May		Year 2 Statutory Assessments completed	
Wednesday 3 rd		Pupil Class Photographs	
Thurs 4 th – Fri 5 th		Y3 Overnight Camping	School Field
Mon 8 th -Thurs 11 th		Year 6 Statutory Assessments (SATs)	
Tue 16 th	8.45am- 3.30pm	Y4 visit to the Verulamium	St Albans
Mon 22 nd – Fri 26 th		Y6 PGL Residential Visit	Caythorpe Court
Tuesday 23 rd		SCARF Life Education Visit to Laburnum	
Friday 26 th		School closes for half term break	
<u>June</u>			
Tuesday 6 th		School opens for Summer 2	
Tues 6 th -Fri 23 rd		Year 4 Multiplication Check window	
Mon 12 th – Fri 16 th		Year 1 Phonics Screening Check week	
Tuesday 27 th	9:00am	YR Beech Class Assembly for Parents	School Hall
Tuesday 27 th	10:00-	Nursery 'stay and play' session (September	Apple Classroom
	11:00am	admission children/parents by invite)	
Thursday 29 th	1:30-	Nursery 'stay and play' session (September	Apple Classroom
	2:30pm	admission children/parents by invite)	
<u>July</u>			
Fri 7 th – Sat 8 th		Y5 National Space Centre Overnight Visit	NSC Leicester
Friday 14 th		Annual Pupil Reports to Parents	
Monday 17 th		School Sports Day (Times to be confirmed)	
Weds 19 th - Thurs		Class Transition Days (Children in new classes)	
20 th	2.20	Verification and Assembly College College	
Friday 21 st	2:20pm	Year 6 Leavers Assembly - School closes for sun	nmer break











Sandy & Biggleswade Locality Children's Centre **BIGGLESWADE VENUE**

(Youth Centre)Mead End, Biggleswade SG18 8JU

JANUARY 2023 – APRIL 2023

0300 300 8134 / 0300 300 8114

sandy.childrenscentre@centralbedfordshire.gov.uk



Support & Advice

The Centre staff are able to offer support and advise on breast feeding, parenting, choosing childcare, FREE 2 year funded pre-school places, introducing solid food, toilet training, smoking cessation, oral health, training/education, home safety, Terrence Higgins C Card Scheme plus much more. Please ask a member of the team or contact us by phone or email

Freedom

The Freedom Programme is a 12 week rolling programme, which can be joined at any time. It aims to help women who have experienced domestic abuse to make sense of and understand what has happened or is happening to them. It is a nurturing environment, where help and support can be found and friendship and confidence is built. Please contact

Paula.Murphy@centralbedfordshire.gov.uk for further information

YOU CAN NOW REGISTER WITH US ON LINE JUST SCAN THE QR CODE



FOR MORE INFORMATION ON OUR SERVICES



We really appreciate your feedback - please spare a moment and visit https://centralbedfordshire.welcomesyourfeedback.net/childrens support to voice your opinions

Worried about your child's talking, listening, interaction or stammering?

NB: This service is for children pre-school age and younger who are NOT already nown to or haven't been referred to the Speech and Language Therapy Service and live within Central Bedfordshire.

During these short 15-minute phone or video consultation we will discuss your concerns and provide advice and strategies to try. Face to face appointments can be offered following this consultation if needed

To book complete the online form at

https://childspeechbedfordshire.nhs.uk/how-to-refer/early-advice sessions/

NHS

Follow us Sandy and Biggleswade Locality Children's Centre



Bedfordshire & Luton Children's Community Health Hub 0 -19 years - YOUR ONE STOP CONTACT POINT TEL 0300 555 0606

EMAIL ccs.bedsandlutonchildrenshealthhub@nhs.net OPENS 9.00AM-5.00PM MONDAY TO FRIDAY (excl bank hol)

Day	Session	Time	Date	Location	For information and booking	Information
	Self- Weigh	09.30- 12.00	Fortnightly from 10.01.23	Biggleswade Youth Centre SG18 8JU	Appointment only - Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Appointment only for weighing babies when recommended by health professionals.
	Baby Days	13.30- 15.00	5 Week Course starting 10.01.23	Biggleswade Youth Centre SG18 8JU	karen.burton@centralbedfordshire.gov.uk alison.coats@centralbedfordshire.gov.uk paula.murphy@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	5 Sessions for new parents and babies 0-3 months, covering sleep, feeding, baby brain development and childhood illnesses.
₩	Ukrainian Coffee Morning	09.30- 11.00	Fortnightly from 03.01.23	Biggleswade Youth Centre SG18 8JU	Email <u>brantie.blake@centralbedfordshire.gov.uk</u> 0300 3006639 or Mobile 07901 753851 DROP IN SESSION	A drop in session to meet new friends and find out what is available in the community.
TUESDAY	Child Minders Group	09.30- 11.00	17.01.23 21.02.23 21.03.23	Biggleswade Youth Centre SG18 8JU	Self Run Group – for more information contact carol.fairburn@centralbedfordshire.gov.uk DROP IN SESSION	A session specifically aimed at childminders with children in their care.
	SEND Stay & 13.30- 17.01.23 Play in your 15.00 21.02.23 Own Way 21.03.23	Biggleswade Youth Centre SG18 8JU	karen.burton@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	A session for parents/carers of children with SEND. Advice and support available from professionals.		
	Young Parents Pop- Up Group (under 24 Years)	10.30- 11.30	24.01.23	Biggleswade Youth Centre SG18 8JU	paula.murphy@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	A pop up session for parents under the age of 24. Babies and siblings welcome to this relaxed play activity.
DAY	Revive	13.30- 14.30	Fortnightly from 18.01.23 (this session will be run during ½ term)	Biggleswade Youth Centre SG18 8JU	paula.murphy@centralbedfordshire.gov.uk kirsty-anne.beard@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	Women's support group for those who are experiencing low mood or anxiety. It is a safe space to express your emotions and be heard. Children and babies welcome.
WEDNESDAY	Chattertots	13.30- 14.30	4 Week Course Starting 18.01.23	Biggleswade Youth Centre SG18 8JU	karen.burton@centralbedfordshire.gov.uk Tamsin.Osborn@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	A speech language and communications session for children 18 months to 3 years. Strategies to help support a child's early language skills.
	Parent Puzzle	10.30- 12.30	11 Week course starting 11.01.23 (term time only)	Biggleswade Youth Centre SG18 8JU	karen.burton@centralbedfordshire.gov.uk Lucv.rice@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Tips and strategies for parenting in a positive way including Giving Praise, Time to Calm Down, Handling Anger and Stress. For parents/carers of children 3 – 5 years. Creche available.









Money Management	09.30- 12.30	11.01.23 18.01.23 25.01.23 01.02.23	Biggleswade Youth Centre SG18 8JU	To book a place www.centralbedfordshire.gov.uk/BESA-contact- us Or for further information email academy@centralbedfordshire.gov.uk Telephone 0300 300 8131	11.01.23 Cost of Living Support. 18.01.23 Budgeting. 25.01.23 Borrowing and Debt. 01.02.23 Making the most of your Money.
Baby Brasserie	13:30- 15:00	Weekly Starting 05.01.23	Biggleswade Youth Centre SG18 8JU	karen.burton@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	Drop-in social and support group for breastfeeding mums and mums to be.
Rhyme Time	13.30- 14.30	Weekly (term time only) Starting 05.01.23	Biggleswade Youth Centre SG18 8JU	kirsty-anne.beard@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	Singing session for babies up to 12 months.
Birth Bump & Baby Stuff	09.30- 15.30 09.30- 15.30	16.02.23	Biggleswade Youth Centre SG18 8JU VIRTUAL	https://www.eventbrite.com/o/cbc-childrens-centres-bump-birth-amp-baby-stuff-33937171841 BOOKING REQUIRED	Antenatal class for mums-to-be from 30 weeks pregnant. Partners welcome. Come and find out about labor, feeding, caring for your baby and preparing for family life.
Bouncing Bunnies	09:30 – 11:00	Weekly (term time only) Starting 06.01.23	Biggleswade Youth Centre SG18 8JU	kirsty-anne.beard@centralbedfordshire.gov.uk Karen.burton@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	Play session focused on physical development and school readiness. Age 0-5 Includes a baby area.
Introduction to Solids	13.30- 14.30	20.01.23 24.02.23 17.03.23	VIRTUAL	alison.coats@centralbedfordshire.gov.uk kirsty-anne.beard@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Advice and support around introducing solids to your 6 month old baby.

Day	Session	Time	Date	Location	For information and booking	Information
FRIDAY	Baby Massage	13.30-14.30	4 Week Course Starting 06.01.23 4 Week Course Starting 03.02.23 (no session ½ term) 4 Week Course Starting 10.03.23	Biggleswade Youth Centre SG18 8JU	kirsty-anne.beard@centralbedfordshire.gov.uk karen.burton@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Bond with your baby through baby massage. This course is for babies 6 weeks to 6 months. £20.00 to secure your booking (cash only please)
DAY	First Aid for Parents	09:30-11:30	11 Feb 2023	Sandy Children's Centre laburnum Road, Sandy SG19 1HQ	maxine.johnson@centralbefordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING RQUIRED	A first aid course for new parents covering CPR, choking, burns and scalds and childhood illnesses £10 per adult non refundable and must be paid before session to secure place. (cash only please)
SATURDAY	Dads Club	10:00-11:30	First Saturday of Every Month	Robert Peel Forest School (entrance via school carpark)	catherine.brighton@centralbedfordshire.gov.uk Email, Call or Text 0300 300 6311 mobile 07392287045 DROP IN SESSION Drop in Session	A fun and friendly outdoor forest school session for dads, grandads, step-dads, male carers and children 0-12 years. Please wear warm (old) outdoor clothing as you will get muddy!











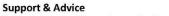
Sandy & Biggleswade Locality Children's Centre **SANDY VENUE**

Laburnum Road, Sandy SG19 1HQ

JANUARY 2023 – APRIL 2023

0300 300 8134 / 0300 300 8114





The Centre staff are able to offer support and advise on breast feeding, parenting, choosing childcare, FREE 2 year funded pre-school places, introducing solid food, toilet training, smoking cessation, oral health, training/education, home safety, Terrence Higgins C Card Scheme plus much more. Please ask a member of the team or contact us by phone or email

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Paula.Murphy@centralbedfordshire.gov.uk for further information

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Central

Bedfordshire

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NHS

Follow us Sandy and Biggleswade Locality Children's Centre



Bedfordshire & Luton Children's Community Health Hub 0 -19 years - YOUR ONE STOP CONTACT POINT TEL 0300 555 0606 **EMAIL**

ccs.bedsandlutonchildrenshealthhub@nhs.net OPENS 9.00AM-5.00PM MONDAY TO FRIDAY (excl bank holidays)

Day	Session	Time	Date	Location	For information and booking	Information
MONDAY	Baby Massage	13.30-14.30	4 Week Session Starting on each of the following dates 09.01.23 06.02.23 06.03.23	Sandy Children's Centre	shelly.collins@centralbedfordshire.gov.uk alison.coats@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Bond with your baby through baby massage. This course is for babies 6 weeks to 6 months. £20.00 to secure your booking (cash only please)
2	Bumps 2 Babes	10.00-11.30	Weekly Starting 09.01.23 (term time only)	Sandy Children's Centre	alison.coats@centralbedfordshire.gov.uk shelly.collins@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	A stay and play session for pregnant ladies and parent/s carers of children 0-12 months. Make friends and share tips.
	Self-Weigh	9:30 - 11.40	Fortnightly from 03.01.23	Sandy Children's Centre	Appointment only - Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Appointment only for weighing babies when recommended by health professionals.
TUESDAY	Brasserie	13:00-14:30	Weekly from 03.01.23	Sandy Children's Centre	alison.coats@centralbedfordshire.gov.uk shelly.collins@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	Drop-in social and support group for breastfeeding mums and mums to be.
	Top-up Shop	11:00-12:30	Weekly	Sandy Baptist Church	0300 300 8134 / 0300 300 8114	In partnership with The Need Project. Fresh Bread, Fruit and Vegetable available to top up your groceries if needed.
	SEND Stay & Play in your Own Way	09.30-11.00	07.02.23 07.03.23	Sandy Children's Centre	tamsin.osborn@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	A session for parents/carers of children with SEND. Advice and support available from professionals.
WEDNESDAY	Baby Days	13.00-14.30	5 Week Session Starting on each of the following dates 11.01.23 01.03.23	Sandy Children's Centre	lucy.rice@centralbedfordshire.gov.uk alison.coats@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	5 Sessions for new parents and babies 0-3 months, covering sleep, feeding, baby brain development and childhood illnesses.











Day	Session	Time	Date	Location	For information and booking	Information
>-	Time for 2's	09.30-10.30	6 Sessions Starting 23.02.23	Sandy Children's Centre	tamsin.osborn@centralbedfordshire.gov.uk shelly.collins@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Play, have fun & get ready for pre-school. For children starting pre-school in 2023
THURSDAY	Come & Play	13.00-14.30	09.02.23 09.03.23	Sandy Children's Centre	lucy.rice@centralbedfordshire.gov.uk tamsin.osborn@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	A stay and play session for parent/s carers of children aged 12 months - 5 Years. Make friends and share tips.
	Young Parents Group (under 24 Years)	10.30-11.30	26.01.23	Sandy Children's Centre	catherine.brighton@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 DROP IN SESSION	A pop up session for parents under the age of 24. Babies and siblings welcome to this relaxed play activity.
	Birth Bump & Baby Stuff	09.30-15.30	16.03.23	VIRTUAL	https://www.eventbrite.com/o/cbc-childrens- centres-bump-birth-amp-baby-stuff-33937171841 BOOKING REQUIRED	Antenatal class for mums-to-be from 30 weeks pregnant. Partners welcome. Come and find out about labor, feeding, caring for your baby and preparing for family life.
FRIDAY	Introduction to Solids	13.30-14.30	20.01.23 24.02.23 17.03.23	VIRTUAL	alison.coats@centralbedfordshire.gov.uk kirsty-anne.beard@centralbedfordshire.gov.uk Email, Call or Text 07585 888903/07471 025519 BOOKING REQUIRED	Advice and support around introducing solids to your 6 month old baby.
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SATURDAY	Dads Club	10:00-11:30	First Saturday of Every Month Starting 07.01.23	Robert Peel Outdoor Forest School (entrance via school carpark)	catherine.brighton@centralbedfordshire.gov.uk Email, Call or Text 0300 300 6311 mobile 07392287045 DROP IN SESSION	A fun and friendly outdoor forest school session for dads, grandads, step-dads, male carers and children 0-12 years. Please wear warm (old) outdoor clothing as you will get muddy!











Christmas Cracker Football Days 4cornercoaching











Tues 20th & Wed 21st Dec - Sandy Sports Centre - SG19 1BL - Astro

Thurs 22nd & Fri 23rd Dec – Eynesbury Rovers FC – PE19 2SF – Astro

Time/cost - 10am - 3pm = £18



Contact: Natasha - 07957980492 - natasha@4cornercoaching.co.uk Mark - 07419764033 - mark@4cornercoaching.co.uk www.4cornercoaching.co.uk



December 2022 Goal Keeping Camp

By 4 Corner Coaching





Handling

Footwork

Tuesday 20th December 2022 Only Venue: Sandy Sports Centre (Grass) SG19 1BL

Thursday 22nd December 2022 Only Venue:Eynesbury Rovers FC (Grass) PE10 2SF

Time - 10.00am till 3.00pm

Goal Keeping Camp for 7-14 year olds.

Places very limited....

Costs £18 per person.

UEFA B coaches – Youth Award Level 3 - Enhanced DBS Safeguarding – BFAS (Basic First Aid for Sport)

Contact: Mark - 07419764033 - mark@4cornercoaching.co.uk Natasha - 07957980492 - natasha@4cornercoaching.co.uk www.4cornercoaching.co.uk



















What does the course cover?

A 3 hour workshop to give you the initial tools to begin searching and applying for your next job role. This course will provide you with top tips and techniques to support your:

- CV writing
- Job searching
- Job applications
- Interview skills

Who is it suitable for?

This workshop is suitable for those who are looking to get into work or require support in gaining new employment.

What are the entry requirements?

You must be over the age of 19 years old.

How is it completed?

This 3 hour workshop is led by a qualified careers advisor. You will undertake a range of practical and group activities in a fun environment to develop your knowledge and skills, making you job ready.

This workshop will take place on Tuesday 10 January 2023 from 9:30am to 12:30pm.

Venue

Biggleswade Youth Centre, 137 Mead End, Biggleswade, Bedfordshire, SG18 8JU

Cost - FREE

For further information and to book onto this workshop:

Email: academy@centralbedfordshire.gov.uk

Telephone: 0300 300 8131

Visit: www.centralbedfordshire.gov.uk/BESA-

contact-us



















Sandy Sports Centre

9:00am - 3:30pm, 20th & 21st December

www.thefootballfunfactory.co.uk







Football Fun

Development





Claim Your 3-week Free trial at

the Football Fun Factor y. co. yk

Location: Sandy Sports Centre

Time: Wednesdays 5-6pm

Fees: £26 per month







Parent/ Carer Workshop **Autism and Behaviour**

Saturday 29th April 2023 | 10am - 1pm **Rufus Centre, Flitwick**

£15 AB Members / £20 Non-AB Members

This workshop provides you with the opportunity to explore and understand:

- The difficulties autism may cause in regulating behaviours
- · How to adapt environments & practices to meet the needs of autistic individuals
- · Strategies for managing difficult situations

LIMITED NUMBER OF SPACES AVAILABLE

To book:

01234 214871

enquiries@autismbeds.org













FEBRUARY 2023 HALF TERM ACTIVITIES

Monday 13th - John Bunyan Soft Play

Venue: John Bunyan Sports & Fitness, Mile Road, Bedford, MK42 9TS

Time: 13:30 - 15:00

Cost: FREE for all Bedfordshire & MK families

Children must be supervised by parent/carer at all times.





Tuesday 14th - Exclusive Swim Session

Venue: Lea Manor, Northwell Drive, Luton, LU3 3TL

Time: 12:45 - 13:45 or 14:00 - 15:00

Cost: FREE for all Bedfordshire & MK families

Please arrive 15 minutes before your session. Parents/Carers must be in the

Wednesday 15th - Salto Gym Play Session

Venue: Salto Gymnastics Centre, 98 Camford Way, Luton, LU3 3AN

Time: 12:30 - 14:00

Cost: FREE for all Bedfordshire & MK families

Children must be supervised 1-1 at all times, for families with 2+ children,

additional adults must attend





Thursday 16th - Futures Fun Factory

Venue: Futures House, The Moakes, Luton, LU3 3QB

Time: 09:30 - 11am

Cost: Cost: £4.00 per child (AB members), £5.00 per child (non AB members) Under

1's go free, siblings welcome

Children must be supervised by parent/carer at all times.

Friday 17th - MK Springers Gymnastics Centre

Venue: 16 Carters Lane, Kiln Farm, Milton Keynes, MK11 3ES

Time: 12:15 - 13:45

Cost: FREE for all Bedfordshire & MK families

Children must be supervised by parent/carer at all times.





For all activities, parents will be fully responsible for their children at all times

Limited spaces book now on 01234 214871 email: enquiries@autismbeds.org

Autism Bedfordshire is a Company Limited by Guarantee. Registered in England No. 04632497 Registered Office: 1 Hammond Road, Bedford MK41 0UD











EXCLUSIVE SOFT PLAY FUTURES FUN FACTORY

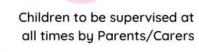
Future's Fun Factory Future's House, Luton LU3 3QB

Date: Sunday 15th January 2023 Sunday 5th February 2023 Sunday 5th March 2023

Time: 2pm - 3:45pm

Cost: £4 per child (AB Members)

£5 per child (non AB members)





Book Now



enquiries@autismbeds.org











EXCLUSIVE GYM PLAY SESSION 2 SESSIONS

MK Springers Gymnastics Centre 16 Carters Lane, Kiln Farm, Milton Keynes, MK11 3ES

Date: Sunday 5th and 19th March 2023

Time: 2pm- 3.30pm

Cost: Free for Families in Bedfordshire

and Milton Keynes

Children must be supervised at all times by Parents/Carers















enquiries@autismbeds.org













MULTI-SPORTS COURSE 5 WEEKS

Castle Newnham School (Sports Hall) Pollhill Avenue, Bedford MK41 9DT

Date: Thursdays

12th, 19th, 26th January 2023 2nd, 9th, February 2023

Time: 4.45pm - 5.45pm

Cost: £15.00 per child (AB members) £20.00 per child (non AB members)





Enjoy a range of sports activities across 5 sessions in. Be active and have fun doing it!



Book Now



enquiries@autismbeds.org



01234 214871 (general enquiries)









MUSIC WORKSHOP 6 WEEKS

King House - 6 George Street West, Luton LU1 2DZ

Date: Tuesdays

11th, 18th, 25th April 2023 2nd, 9th, 16th May 2023

Time: 5.30pm - 7.30pm

Cost: £10 for members, £15.00 non-members

for all 6 weeks

Content: Music making, exploring sound with a variety of instruments and collaborative singing



Additional Information:

- -The venue has NO lift facilities so all visitors must be able to use the stairs.
- -Parents/Carers MUST stay onsite during the session.
- -For ages 7-12 years old who can follow instructions and have lower support needs.
- -Parking Information: There is a Pay & Display machine on the roadside OR There is a NCP on Regent Street - 2-minute walk from the building.

Book Now



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EXCLUSIVE GYM PLAY SESSION FEBRUARY HALF TERM

Salto Gumnastics Centre 98 Camford Way, Luton, LU3 3AN

Date: Wednesday 15th February 2023

Time: 12.30pm - 2.00pm

Cost: Free for families in Bedfordshire

and Milton Keynes

IMPORTANT INFORMATION:

- Children must be supervised 1:1 at all times. Additional adults must attend if you have 2+ children to ensure 1:1 ration.
- · Only 1 trampoline is available and the others are off limits for safety as they do not have inflatable sides. An Autism Beds staff member will oversee this with a visual timer.
- · Other activities available include giant inflatable slide, foam pit, balance beams, spring boards, soft play apparatus and more!







Book Now



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Parent/ Carer Workshop

Autism and Sensory Processing

Monday 27th February | 6 - 9pm

£15 AB Members / £20 Non-AB Members

This workshop provides you with the opportunity to explore and understand:

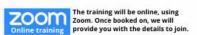
- . The impact of sensory processing differences on the lives of autistic individuals
- · Resources and strategies to support health and wellbeing where there are sensory challenges
- · When to ask for professional input

LIMITED NUMBER OF SPACES AVAILABLE

To book:

01234 214871















TENNIS COURSE 6 WEEKS

Riverside Tennis Club Goldington Road, Bedford MK40 3EA

Date: Tuesdays

21st, 28th February 2023

7th, 14th, 21st, 28th March 2023

Time: 6.30pm - 7.30pm

Cost: Free for families in Bedfordshire

and Milton Keynes

Children/Young People must be supervised at all times by Parent/Carer









Book Now



enquiries@autismbeds.org











TIDDENFOOT SWIMMING 2 SESSIONS

Tiddenfoot Leisure Centre Mentmore Road, Leighton Buzzard, LU7 2AF

Date: Saturday 28th January 2023 Saturday 4th February 2023

Time: 2:30pm - 3:30pm

Cost: Free for families in Bedfordshire

and Milton Keynes

Additional Info:

- Please arrive 15 minutes before the session to change.
- Children must be supervised by a Parent/Carer at all times.
- Parents/Carers must be in the pool with their child/ren.



Book Now













